

My Trades: GNW & MAN

Engineered Income Investing: Exclusive Premium Research – My Trades



I have rolled my GNW forward from February \$3 to March \$3 for a net premium of \$0.09 on the net 28 day roll, giving me a 13.85% net yield on the roll as I gain extra time for some recovery in share price. Note that such a tiny premium is only worthwhile because I have 20 contracts .. giving \$180 so that the few dollars transaction costs remains nominal and not a big factor in my net returns. It would not pay for just a few contracts where transaction costs might eat up all your net gains.

I also did a flat forward roll on my January in the money working MAN covered calls so as to protect dividend and extend time while earning a good cash premium yield. Rolled the 9 day 1/15/21 \$90 covered calls forward to 163 day 6/18/21 \$90 calls for \$5.25 net roll premium, giving a 14.68% roll yield to combine with the 2.41% dividend for a 17.09% total yearly yield rate.

Total Net Premium cash from these trades: \$2,280.00

Total Net Premium cash for January 2021 to date: \$3,050.00

Total Net Premium cash for 2021 to date: \$3,050.00

1/6/21 11:40:02	CALENDAR	SELL	-20 TO OPEN	GNW	19 MAR 21	3 PUT	.09 LMT	DAY	FILLED
		BUY	+20 TO CLOSE	GNW	19 FEB 21	3 PUT	CREDIT		

MAN Rollout Call
 MAN 01/15/2021 90.00 C
 MAN 06/18/2021 90.00 C

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Symbol	Action	Quantity	Price	Timing	Time & Date (ET)
MAN 01/15/2021 90.00 C	Buy Calls to Close	4 Contracts	Credit \$5.25 (Applies to both legs)	Day Only	1:17 PM 01/06/2021
	Bought	2	\$7.45	Settles 01/07/2021	1:17 PM 01/06/2021
	Bought	2	\$7.45	Settles 01/07/2021	1:17 PM 01/06/2021
MAN 06/18/2021 90.00 C	Sell Calls to Open	4 Contracts			1:17 PM 01/06/2021
	Sold	2	\$12.70	Settles 01/07/2021	1:17 PM 01/06/2021
	Sold	2	\$12.70	Settles 01/07/2021	1:17 PM 01/06/2021
CLOSED Filled					